QUAKERS WHISPER No. 25
Thursday 14 August, 2014

DATES TO REMEMBER

AUGUST
15 Fri   11:20am – Infants Assembly
         LED BY 1D
15 Fri   12:15pm – Primary Assembly
         LED BY 3C

WINTER PSSA

18 Mon   Tri-Skills – 1AR, 1B, 1D, 1M,
         3B, 3R, 5S, 5T, 6T
19 Tues  Tri-Skills – 2B, 2C, 2K, 2S, 3C,
         5W, 6G and 6W
         7:30pm – P&C MEETING
20 Wed   Stage 2 – Sydney Aquarium
         Excursion
21 Thur  School Spelling Bee Finals
22 Fri   11:20am – Infants Assembly
         LED BY 1M
22 Fri   12:15pm – Primary Assembly
         LED BY 4B

PAYOUT ENVELOPES

We are no longer stapling envelopes to the
back of notes being sent home for
excursions, etc.

A small bundle of payment envelopes is
being sent home today with the
youngest child in each family.

It would be appreciated if these could be
kept safely at home to use whenever a
payment is being sent in to school. If you
need more at any time you are welcome to
collect some from the office.

2015 KINDERGARTEN ENROLMENTS

Children turning 5 by July 31, 2015 are
eligible to commence school at the beginning
of the 2015 school year.
Enrolment Forms are available from the
school office.

Originals of your child’s Birth Certificate,
Immunisation Certificate and proof of your
place of residence must be produced.

UNIFORM SHOP

We are still "open" as normal for pick-ups,
try-ons, exchanges, second-hand uniforms
and to answer questions at the usual times
of:

Mondays – 2:30pm – 3:15pm (approx)
Fridays – 8:30am – 9:15am (approx)

All purchasing of NEW school
uniforms must now be done through
Flexischools

ACCOMPANYING THIS NEWSLETTER

* Cinema Under The Stars note
* Zone Athletics Carnival note
* Softball Knockout Competition Report
* Transition for Carers Forum Information
* School Payment Envelopes

“Pursuing excellence in student achievement and community participation”
Dear Parents/Caregivers,

STAFF UPDATE
On Monday Miss Sarah Moylan will commence as a permanent teacher on our staff. I know she is looking forward to working with the wonderful staff and students here at QHEPS. Ms Wong will be on leave from Thursday 22 August until Friday 12 September and Mr Miranda will be teaching 6W during this time. Miss Latham will return from leave on Monday and we thank Mrs Tadros for her work with 4L over the past two weeks.

AUTHOR VISIT
Today students in Years 3-6 enjoyed a presentation from Deborah Abela, who is an award winning author and is currently a Premier’s Reading Challenge ambassador. The children were captivated by Deborah’s award winning stories and learnt about the writing process and what inspired Deborah to become a writer all those years ago!

STUDENT ABSENCES
This week an article was released in The Sydney Morning Herald about the impact of student absences from school on achievement. I've added the link below. It is definitely worth reading!

Also a reminder that when your child is absent from school please send a note to the class teacher explaining the reason for the absence.

BOOK WEEK 2014
Book Week is celebrated from 16 August until 22 August and the theme this year is "Connect to reading ~ Reading to connect". Connect to reading is about enjoying the experience of exploring story, and travelling to other worlds. Reading to connect, has a broader social meaning, suggesting that reading assists in creating a bond with others. Within the world of children nowadays, this is also relevant as they read books and they read to connect through a variety of media. To celebrate Book Week at QHEPS teachers and students have created posters based on the books short listed for awards from the Children’s Book Council of Australia. The posters will be displayed in the library for everyone to see. We are also running a Colouring in Competition where children can submit entries and be in the running to win book prizes. We look forward to a great week connecting to reading.

KINDERGARTEN ENROLMENTS 2015
Enrolment forms are now available for children starting Kindergarten in 2015. Please come in and pick up an enrolment form from the office at your earliest convenience.

Michele Hedge
Principal

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Week 4 Term 3 Award Winners

KC Camille, Ashmit
KJ Arshman, Saniya
KP Shrushiv, Geet
KR Sophie, Amaris
KT Sanjana, Rhyan
1AR Riley, Sameeha
1B Georgina, Agam
1D Edward, Suhana
1M Evin, Krystal
1/2A Dean, Daniella
2B Abrik, Charlize
2C Paretea, Matthew
2K Michaela, George
2S Jahnavi, Omied
3B Amelia, Hayden
3C Elise, Daniel
3R Holly, Jaspreet
4B Richard, Yagmur
4J Dylan, Megha
4L Joshua, Sarah
5S Jacob, Mark
5T Dominic, Megan
5W Sriharen, Juliet
6G James, Alexis
6T Aimee, Nicole
6W Vianne, Linen

Week 4 Citizens of the Week

K-2 Zane K
3-6 Pranaya P
Week 4  “Be Your Best”  
Award Winners

K-2  Alvin K  
3-6  Damanjot K

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WINTER PSSA REPORT  
Week 4

SOCCER - BOYS  
Last week the boys’ soccer teams played Oakville Public School. The juniors won 4-0 and the seniors won 2-1. The players of the match were Matthew W for the juniors and Manroz B for the seniors.

SOCCER – GIRLS  
The girls’ soccer teams played Kellyville Ridge Public School. The juniors lost 2-0 and the seniors won 1-0. The players of the match were Karen G for the juniors and Juliet T for the seniors.

NETBALL  
The netball teams played Kenthurst Public School. The juniors lost 9-3 and the seniors lost 16-8. The players of the match were Alyse B for the juniors and Casey L for the seniors.

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IMPORTANT REQUEST  
TRI-SKILLS GYMNASTICS

Some girls are wearing inappropriate clothing for gymnastics.

It would be appreciated if all girls participating in Tri-Skills would wear the appropriate clothing – their sports uniform with sports shorts - so that they are able to participate comfortably and without embarrassment.

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PAYMENT REMINDERS:  
CALMSLEY HILL CITY FARM  
KINDERGARTEN

Wednesday 27 August 2014  
Cost: $28.50 per student

Please return completed permission slip and payment to the office by Wednesday 20 August 2014

PAYMENT REMINDERS:  
FEATHERDALE WILDLIFE PARK

1AR, 1B, 1D, 1M  
AND YEAR 1 STUDENTS IN 1/2A

Tuesday 2 September 2014  
Cost: $22 per student

Please return completed permission slip and payment to the office by Friday 22 August 2014

and

2B, 2C, 2K, 2S  
AND YEAR 2 STUDENTS FROM 1/2A

Wednesday 3 September 2014

Cost: $22 per student

Please return completed permission slip and payment to the office by Friday 22 August 2014
MATHLETICS UPDATE

Thank you to all those families who have helped to support the introduction of Mathletics at QHEPS by encouraging their children to utilise the program at home. We’re proud to share that several of our students and classes have appeared in the Mathletics Hall of Fame over the past few weeks, ranking amongst the best in Australia and the world.

If your child doesn’t have regular access to a computer or internet access at home they can still have the same opportunities to participate in Mathletics as their classmates by requesting a ‘Mathletics Library Computer Pass’. This pass will allow them to use the library computers over three lunchtimes each week for Mathletics.

With ongoing utilisation of the Mathletics program, we look forward to seeing our students’ progress in mathematics. This teaching resource has been generously funded by our P&C at no additional cost to students.

Ms Peita Rothery
AP/Mathematics Coordinator

NUTRITION HINTS: QUICK FOOD

The key to preparing quick and nutritious meals is planning. Here are some ideas:

* Make double quantities of favourite foods and freeze one portion, for example - lasagna, tuna bake, or muffins.
* Cook pasta or rice in advance and freeze
* Buy frozen vegetables (sometimes cheaper if fresh vegetables are not available)
* Keep some canned foods handy, for example – canned fish, legumes and fruit
* Try jars of pasta sauce or tomato paste

REMINDER:

MONEY COLLECTION PROCEDURES

Students are now required to deliver their money envelopes directly to the school office as soon as they arrive at school.

Thank you

LIBRARY NEWS.......

PREMIER’S READING CHALLENGE

The Premier’s Reading Challenge is coming to an end this week. Please complete your forms and hand them in if you wish to participate in this year’s challenge and receive a certificate from the Premier. If you have misplaced your form they can be printed off online at the Premier’s Reading Challenge site through the DEC Portal. Alternatively, hand-write it and sign beside each book name. The final day for handing in your form will be Friday 15 August.

The students who have completed the challenge in the last two weeks will be in the newsletter over the next two weeks.

Happy Reading!

Mrs J. Dickerson
Teacher Librarian
CINEMA UNDER THE STARS

As our major Year 6 Fundraiser this year, we'd like to invite you to attend a very special event on Friday, September 12. We'll be viewing a movie of your choice on an 8m x 4m screen on our school oval. Gates will open for a sausage sizzle at 5pm and the movie will commence at 7.00pm. Please select the movie that your family would most enjoy and return this sheet by next Tuesday. The selected movie and further details will be sent home next week.

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<th>MOVIE</th>
<th>DESCRIPTION</th>
<th>RATING</th>
<th>PICTURE</th>
<th>SELECTION</th>
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<tr>
<td>ANIMALS UNITED</td>
<td>When the African savannah runs dry and water becomes a precious commodity, a courageous meerkat and a laid back lion prepare to go the distance in order to avoid dying of thirst. In seasons past, a single mountain canyon provided enough water for all the creatures in the savannah. But this year, not a drop has fallen. Buffalos and rhinos stand guard over the only watering hole for miles, and if the creatures don’t act fast, they will surely perish. Desperate, Billy the meerkat and Socrates the lion set out to find sustenance. Upon crossing paths with a rooster named Charles, the pair learns of a place in the Okavango Delta where the water still flows. But by the time Charles leads them there, the humans have already staked their claim on the small reserve. Meanwhile, local entrepreneur Smith has constructed a dam in order to the precious divert water to his luxury hotel. When Billy and Socrates learn that the hotel is hosting a conference on natural preservation, they call in all of their animal friends in order to teach the thoughtless politicians a thing or two about sharing the land.</td>
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<td><img src="image" alt="ANIMALS UNITED" /></td>
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<td>FROZEN</td>
<td>Fearless optimist Anna teams up with rugged mountain man Kristoff and his loyal reindeer Sven, in an epic journey, encountering Everest-like conditions, and a hilarious snowman named Olaf in a race to find Anna’s sister Elsa, whose icy powers have trapped the kingdom in eternal winter.</td>
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<td>Movie Title</td>
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<td><strong>Fun Size</strong></td>
<td>Wren’s Halloween plans go awry when she’s made to babysit her brother Albert, who disappears into a sea of trick-or-treaters. With her best friend April and two nerds Roosevelt and Peng at her side, she needs to find her brother before her mom Joy finds out he’s missing.</td>
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<td><strong>Ice Age 4: Continental Drift</strong></td>
<td>Manny, Diego, and Sid embark upon another adventure after their continent is set adrift, using an iceberg as a ship. Along the way, they encounter sea creatures and battle pirates as they explore a new world.</td>
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<td><strong>The Lego Movie</strong></td>
<td>An ordinary LEGO minifigure, Emmett, mistakenly thought to be the extraordinary MasterBuilder, is recruited to join a quest to stop an evil LEGO tyrant Mr President Business from gluing the universe together. “EVERYTHING IS AWESOME” WITH THIS FUN &amp; ACTION FILLED FAMILY ADVENTURE!</td>
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<td><strong>Parental Guidance</strong></td>
<td>Old-school grandfather Artie, who is accustomed to calling the shots, meets his match when he and his eager-to-please wife Diane agree to babysit their three grandkids when the parents Alice &amp; Phil have to go away on business. But when 21st century problems collide with Artie and Diane’s old-school methods of tough rules, lots of love and old-fashioned games, it’s a recipe for disaster - or change.</td>
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<td><strong>Standing Up</strong></td>
<td>Standing Up is an uplifting story about resilience and friendship. Twelve year old, Grace and Howie, both shy and loners, are easy targets for bullies. At summer camp they become victims of a cruel prank, and are left stranded on Goat Island without any clothes. Everyone expects they will be found tearful and afraid, but instead they find strength and encouragement from each other and take off, on the run. With nerve and ingenuity, they discover that with a friend by your side, life really is one big adventure!</td>
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Thursday, August 14 2014

Ridges Zone Athletics Carnival 2014

Dear Parents / Caregivers,

Your child ____________________________ of class ____ has qualified to represent Quakers Hill East Public School at the 2014 Ridges Zone Athletics Carnival.

Your child has qualified in the following event(s):

<table>
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<tr>
<th>100m</th>
<th>200m</th>
<th>800m</th>
<th>Relay</th>
<th>High Jump</th>
<th>Long Jump</th>
<th>Shot Put</th>
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The carnival will be held at Blacktown International Sports Park on Friday, August 29 2014. Our team will travel to and from the venue by bus.

The full cost, including entry fees and return transport, is $9.50 per student. Please return the payment and permission slip in the envelope provided to the front office by Thursday, August 21.

What to wear: Full school sports uniform, including school hat.

Note: Spikes (9mm) are permissible for all events except the 800 metres.

What to take: Recess, lunch, drinks.

When to arrive: Students need to assemble under the top COLA at 7.50am.

Looking forward to seeing you all.

Lynda Talintyre
Team Manager

Michele Hedge
Principal

Ridges Zone Athletics Carnival Permission Slip

Dear Mrs Talintyre,

I give permission for my child ____________________________ of class ____ to participate in the Ridges Zone Athletics Carnival at Blacktown International Sports Park on Friday, August 29, 2014.

I understand that transport to and from the venue will be by bus. I have enclosed $9.50 in the envelope provided.

My child does/does not have any medical conditions.

Details: ________________________________________________________________

Signed: ___________________________________________ Date: ____________
SOFTBALL KNOCKOUT COMPETITION

The Softball Knockout team 2014 had great success this year. This year our team included Aldan, Clayton, Devang, Jack, Lachlan, Manroz, Mitchell, Oliver, Riley, Taye, Tehan and Mrs Gauci our wonderful coach.

Our first game was at Waite Reserve and we played Werrington County. We ended that game with a success. The score was 20-7. We had a great batting line up in all the innings and also our fielding was brilliant but a little improvement was required. The man of the match was Mitchell Tritton.

Next match was at St Mary's Public School and played against St Mary's. Once again we won. We won with ease as the score was 15-2. That day was pouring with rain so it was impossible to field. We thought we were going to lose but we believed in our instincts. Nearly everyone got all the way home. The man of the match was Oliver Burke.

The following game was against Metella Road Public School at Waite Reserve. This time our fielding had improved and we stuck well to our plans. In batting we had lost our average but it was still good. Metella gave their best but we beat them. After that we are crowned Western Sydney Winners. The score was 17-8 and the player of the match was Clayton Campbell and Oliver Burke.

The end of the competition for us came after playing against South Western winners, Mount Annan Public School. We played at Wandarran Reserve. We knew we needed to win to make it to the grand final but we were scared of the pitcher who was super-fast. We kept our heads high and we got two home runs. Unfortunately Mount Annan defeated us with three home runs and it was such a close game. The score was 3-2 and the player of the match was Clayton Campbell.

Thank you Mrs Gauci for coaching us and making sure we competed with a good fight. We would like to thank Mrs Tritton and Mr Vella for taking us to all the games. Thanks again Mrs Tritton for scoring and Mr Ross and Mrs Hedge for allowing us to go to all games. I'm sure that all the boys had a challenging and enjoyable season this year and hopefully next year we will have another successive season.

By Tehan and Devang
Transition for Carers Forum

Wednesday 15th October 2014, 9.15am-2.30pm

Lorimer Dods, Education Centre, Level 4
The Children’s Hospital at Westmead
Corner of Hawkesbury Rd and Hainsworth St, Westmead

To register for this free Forum, please complete the registration form and return it to the seminar organiser by Friday 3rd October 2014.

By post:
Carer Support Program
The Children’s Hospital at Westmead
Locked Bag 4001
Westmead NSW 2145

By email:
SCHN-CarerSupport@health.nsw.gov.au
By phone: 9845 3590

Title: 
First name*: 
Surname*: 
Post code*: 
Home phone*: 
Mobile: 
Email*: 

* Required information

Do you have any dietary requirements? (Morning tea and lunch will be provided.)

Do you have any other requirements? Please let a know if you need help to cover parking?

The disability(s) that my child has is?
The health condition(s) that my child has is? (This information may also be used for evaluation and planning purposes.)

How did you hear about the Forum?

Type of registration: This seminar is aimed at parents and carers so priority will be given to them! If the numbers allow it, professionals will be able to attend.

Parent or Carer

Staff/Professional
(You will be offered a place dependent upon availability after close of registrations)

Would you like to go on our email list for the quarterly Carer Support newsletter and information on carer activities coming up at the Hospital? And through other organisations

For any queries contact: Carer Support Program
Ph. 9845 3590
SCHN-CarerSupport@health.nsw.gov.au

Carer Support Program
the children's hospital at Westmead
TRANSITION FOR CARERS FORUM

Transition is the period when a child moves from adolescence to adulthood. It is a complicated process for children with chronic health conditions, but is far more complex for those who have additional issues such as an intellectual disability, cognitive impairment, autism or brain injury.

As a part of our Carers Week activities, The Carer Support Program at the Children's Hospital at Westmead invites parents and carers to attend the Transition for Carers forum and expo.

REGISTRATION IS FREE. Morning Tea and lunch provided.

WHO: This forum is for parents & carers of young people aged 14 – 18 years who have a chronic health condition & who, because of a disability, will have difficulty managing their own care as adults.

WHEN: 15th October 2014, 9.15am - 2.30pm

WHERE: Lorimar Dods, Education Centre
The Children's Hospital at Westmead.
Cnr Hawkesbury Rd and Hainsworth St, Westmead.

Topics include:
- Navigating the adult Health system
- Consent and decision making
- Employment and post-school programs
- Panel discussion with carers who have transitioned
- Expo of services and organisations providing support after transitioning

REGISTRATION IS ESSENTIAL

To register call 9845 3590.

Email
SCHN-CarerSupport@health.nsw.gov.au
Registrations close on 10/10/2014.
Places are limited.

NOTE: Professionals in this field may register, but will only be offered a place if all available places have not been filled by parents and carers at close of Registration. Registration is on first come basis.